TECHIMPACT®

Managing Cyber Risk

OCTOBER 17 2023

WE'RE A NONPROFIT ON A MISSION TO LEVERAGE TECHNOLOGY TO ADVANCE SOCIAL IMPACT.



We do this by delivering tech services, education, and training that help nonprofits and communities thrive.



NONPROFIT TECH SERVICES:

- Impartial advice
- Well-aligned solutions
- Adopt technology that fulfills missions



NONPROFIT EDUCATION & TRAINING:

- Unbiased research
- Easy-to-understand
- One-to-many approach



WORKFORCE DEVELOPMENT:

- Hands-on experience
- Launching careers
- Improved quality of life





FRANCIS JOHNSON

Managing Director of Technology Services

I manage all aspects of technology services including our Managed IT Support and Cybersecurity services, and technical projects. Our team works with nonprofits across the country to implement onpremises and cloud infrastructure, improve security and provide mobile working opportunities.





NYC 2015 8.27-8.28

ORGANIZATIONAL RISK

postCtv



CYBER RISK EXPLAINED



Cyber risk is based on the probability of a bad event happening to your information systems, leading to the loss of data, integrity, and/or money.





DATA BREACH STATISTICS

Data breach costs averaged \$4.45 million Data breach costs for the healthcare industry averaged \$10.93 million, by far the costliest industry 82% of breaches involved data stored in the cloud

Only 33% of breaches were detected by internal teams and tools

Initial Attack Vectors:

- Phishing (16%)
- Stolen or compromised credentials (15%)
- Cloud misconfiguration (11%)

Source: Ponemon Institute 2023 Cost of Data Breach Study



COST OF A DATA BREACH: ACTUAL COSTS

- System recovery
- Data restoration
- Legal guidance
- Crisis management
- Regulatory fines
- Breach notification
- Forensics
- Credit monitoring

Source: Ponemon Institute 2023 Cost of Data Breach Study





Managing Cyber RISK



What is NIST?

National Institute of Standards and Technology

Their mission is to promote U.S. innovation and industrial competitiveness by advancing measurement science, standards, and technology in ways that enhance economic security and improve our quality of life.

What is NIST CSF?

Cyber Security Framework

The CSF provides high-level guidance, including a common language and a systematic methodology for managing cybersecurity risk across sectors and aiding communication between technical and nontechnical staff.





FRAMEWORK: NIST CSF





Source: N.Hanacek/NIST

FRAMEWORK: NIST

NIST Cyber Security Framework

Identify	Protect	Detect	Respond	Recover
Asset Management	Access Control	Anomalies and Events	Response Planning	Recovery Planning
Business Environment	Awareness and Training	Security Continuous Monitoring	Communications	Improvements
Governance	Data Security	Detection Processes	Analysis	Communications
Risk Assessment	Info Protection Processes and Procedures		Mitigation	
Risk Management Strategy	Maintenance			
	Protective Technology		Improvements	



FOCUS:





Only 33% of breaches were detected by internal teams and tools

Source: Ponemon Institute 2023 Cost of Data Breach Study





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DETECT

Develop and implement the appropriate activities to identify the occurrence of a cybersecurity event.

PeopleProcessesTools



SIEM Security Information & Event Management nteracti text



Security Information and Event Management, is a solution that helps organizations detect, analyze, and respond to security threats before they harm business operations.

SIEM, pronounced "sim," combines both security information management (SIM) and security event management (SEM) into one security management system. SIEM technology collects event log data from a range of sources, identifies activity that deviates from the norm with real-time analysis, and takes appropriate action.





Google Workspace





SOPHOS



webroot disco Meraki





ROCKETCYBER



What questions do have?





LIVE DEMO.....





RESPOND

Develop and implement the appropriate activities to take action regarding a detected cybersecurity event.

PeopleProcessesTools



SOC Security Operations Center



Security Operations Center, is the team responsible for protecting an organization against cyber threats. SOC analysts perform round-the-clock monitoring of an organization's network and investigate any potential security incidents. If a cyberattack is detected, the SOC analysts are responsible for taking any steps necessary to remediate it.



Example of a SOC Team

SOC Teams Reference Model





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SOC Teams Reference Model

Linve:	stigations F	THREAT INTELLIO Provide External Context to info dunting Leadership Techni	GENCE orm decisions ical Detection	ns and Defenses
——— Mean		INCIDENT N Coordinate Data Breac Leadership Legal Communi	MANAGE hes and Major cations Risk	R) MENT r Incidents with: Management Others
Tier 3 Tier 2 Tier 1	SOC ANALYSTS Reactively remediate incidents and proactively hunt for attackers Escalate to higher tier as needed			
DETECT	>	RESPOND	>	RECOVER



External SOC Team

SIEM Monitoring Alert Configuration Initial Remediation Incident Management Incident Reporting Escalation to Internal Team

Internal IT Team

Remediation Escalation Incident Management Security Control Implementation



What questions do have?







NYC 2015

BRINGING IT ALL TOGETHER... postOtv









Identify EVERYTHING

- Cloud Discovery
- On-Premise Discovery
- Compliance Discovery
- Data Discovery
- Device Discovery



Example of a Self Assessment Worksheet







PASSWORD PRACTICES

01

Make passwords as long as possible: 20+ characters or use pass phrase



Don't reuse passwords – ever



Don't share passwords unless you absolutely have to. Use a password manager



Use multi-factor authentication

MULTI-FACTOR AUTHENTICATION



- Use one centralized system as an identity / MFA provider
 - Users are prompted on phone using mobile app
 - Users receive phone call or text message verifying identity
- "Remember" devices for configurable period of time to prevent the need for entering two-factor during that time



SINGLE SIGN ON



- Use one identity provider to provide secure access to multiple applications and services
 - □ Allows for efficient and secure user account management
 - □ Significantly reduces user password fatigue and frustration
 - □ Improves user logon experience



PASSWORD MANAGERS



- Improves security by organizing credentials and passwords, allows users to have strong passwords that they do not have to remember
- Some, like Keeper allow centralized administration





RECOVER

Your mission and business relies on access to computers systems and data to operate. Having a plan and practices in place to continue to work in the event of outage or system breach allows your work to go on as you recover.

- Business Continuity Plan
- System Recovery
- Data Backup



Example of a Disaster Recovery Plan



Managing CYBER RISK Is...

- ✓ Difficult
- ✓ Time Consuming
- ✓ Frustrating
- ✓ Confusing
- ✓ Costly

And yet... TOTALLY WORTH IT!





INTO THE Q&A: What questions do have?





THANK YOU

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